

President's Message

Thanksgiving

I write to you as we prepare to celebrate Thanksgiving and the many other holidays of the winter season. At this time of year, I like to reflect on what I am thankful for during the previous year. I am truly grateful for all of the blessings in my personal life, such as good health, family, education, employment, etc.

As LPTA President, I have also begun to think about what I am thankful for in my professional life. I am honored and thankful to serve and have served you in many roles within the LPTA. This has afforded me many opportunities to grow professionally in ways that wouldn't be possible without the resources that APTA/LPTA has to offer. For example, the networking opportunities I have experienced and professional colleagues that I have met are a testament to my having been involved in the association.

I am also thankful for my fellow board members and volunteer leaders. Without these members and the LPTA staff, many of the accolades that are bestowed upon me as president would not be possible. I am forever indebted to these people as they have shaped and continue to shape me as a professional, and many times as a person. I now say to each of you, "Thank you for your service and dedication to the LPTA, and for all of the assistance that you have given me over the years."

As for the APTA/LPTA members reading this, I am extremely thankful for you, as well, since without you none of the above would be possible. It is the membership as a whole that creates the association. Your membership enables us the leadership and staff to carry out many of the tasks of the association that affect you. I hope that you find your membership as valuable to your professional growth as we find your membership to us.

As we move forward into the holidays, I encourage you to acknowledge your blessings both personally and

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SAVE THE DATE

LPTA Spring Meeting
April 15-17, 2011
Hilton Lafayette
Lafayette, LA



American Physical Therapy Association

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UPCOMING EVENTS

Mark Your Calendar
NOW!

2011

February 9-12

CSM

New Orleans, LA

April 15-17

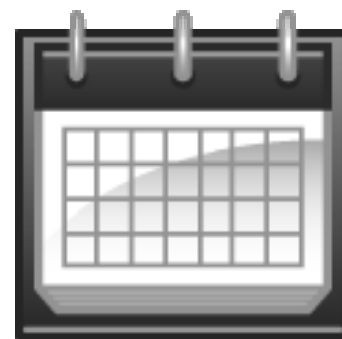
LPTA Spring Meeting

Lafayette, LA

June 8-11

APTA Annual Conference

National Harbor, MD



Bayou Bulletin Publisher Information

The *Bayou Bulletin* is published six times a year by the Louisiana Physical Therapy Association, (LPTA). Copy and advertising inquiries should be directed to LPTA. Advertising rate sheets and deadlines for each issue are available upon request.

Newsletter Chairman, *Kinta LeBlanc*

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LPTA MEMBERSHIP UPDATE

Please continue to encourage your fellow PTs, PTAs and students to join or renew their APTA/LPTA membership!

	Current	Last Year
Active members	649	636
Life Members	23	24
PT Students	171	136
PTAs	95	75
PTA Students	<u>27</u>	<u>34</u>
Total	965	905

(Continued from page 1)

professionally. Once again, I thank each of you for what you bring to the association and look forward to serving you into the coming year. May each of you have a safe and joyous holiday season and a prosperous new year. And please remember that I am available if you should have questions or concerns; don't hesitate to contact me.

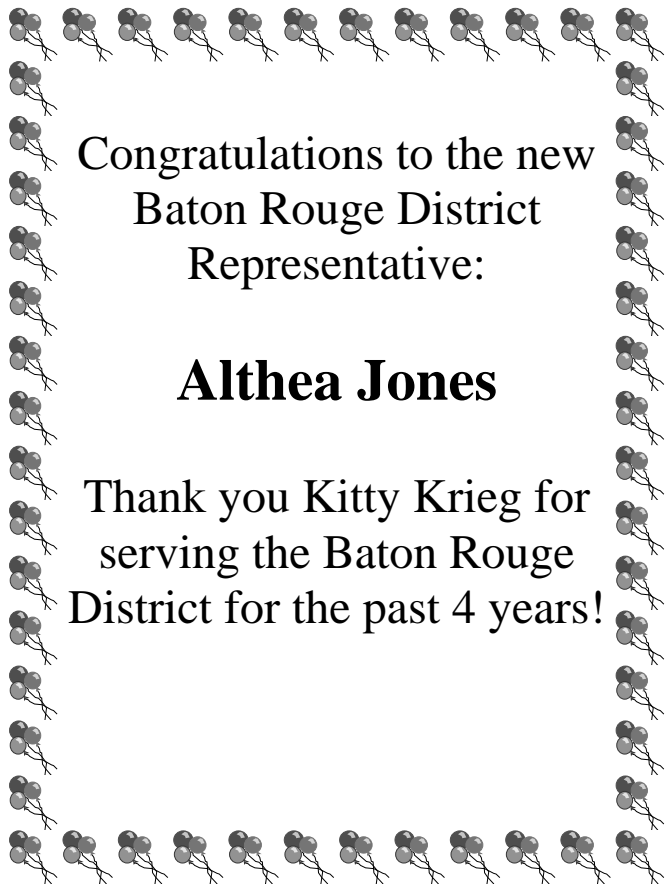
GREG

Make Your Membership More Affordable

APTA's Installment Dues Program

Pay your membership dues in four equal payments over six months with APTA's Installment Dues Program.
For more details, contact an APTA Membership Services representative at 800/999-2782, ext 3124.





Congratulations to the new
Baton Rouge District
Representative:

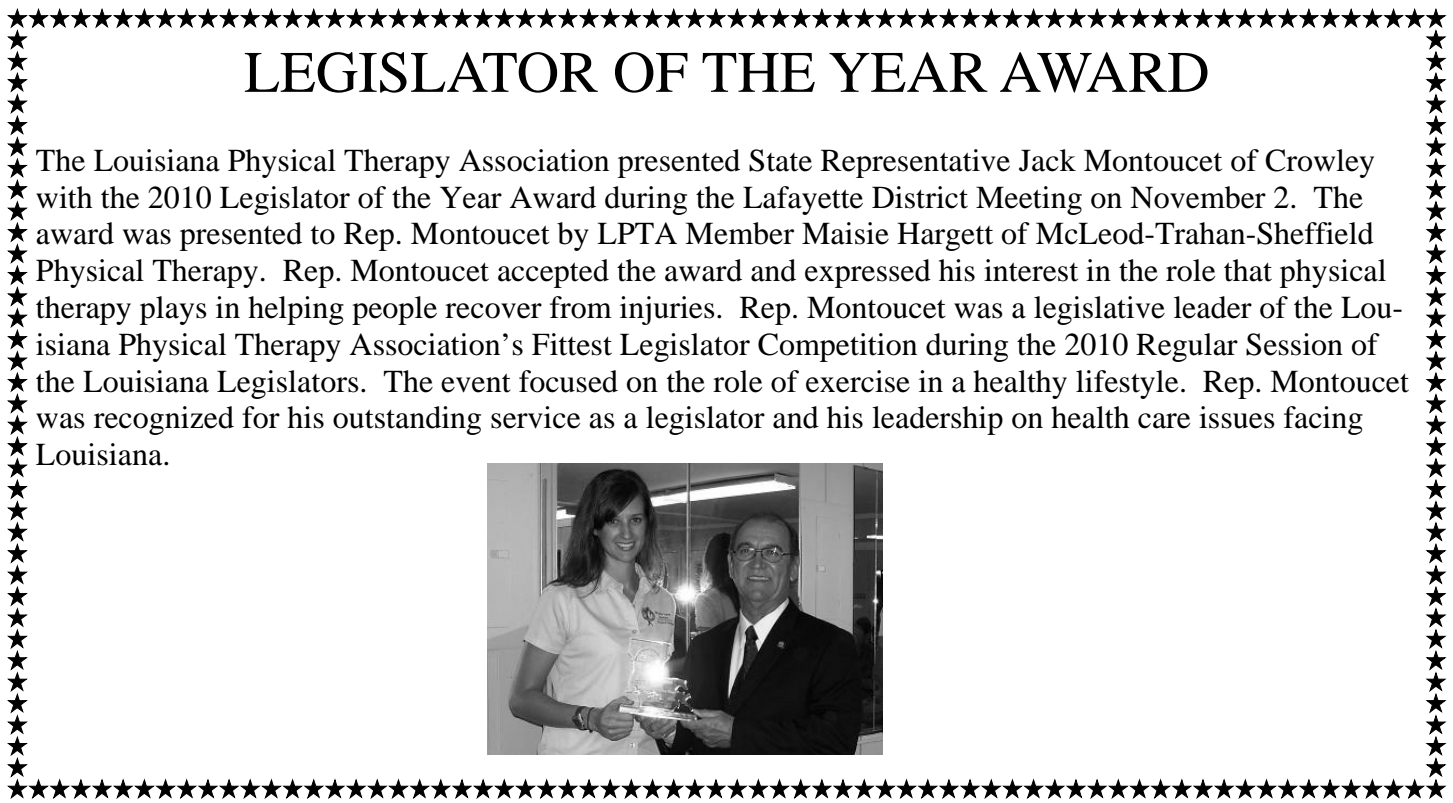
Althea Jones

Thank you Kitty Krieg for
serving the Baton Rouge
District for the past 4 years!



LPTA is on Facebook!!!

Join today!!!



LEGISLATOR OF THE YEAR AWARD

The Louisiana Physical Therapy Association presented State Representative Jack Montoucet of Crowley with the 2010 Legislator of the Year Award during the Lafayette District Meeting on November 2. The award was presented to Rep. Montoucet by LPTA Member Maisie Hargett of McLeod-Trahan-Sheffield Physical Therapy. Rep. Montoucet accepted the award and expressed his interest in the role that physical therapy plays in helping people recover from injuries. Rep. Montoucet was a legislative leader of the Louisiana Physical Therapy Association's Fittest Legislator Competition during the 2010 Regular Session of the Louisiana Legislators. The event focused on the role of exercise in a healthy lifestyle. Rep. Montoucet was recognized for his outstanding service as a legislator and his leadership on health care issues facing Louisiana.



Physical Therapist's Role in Child Passenger Safety

According to the National Highway Traffic Safety Administration (NHTSA), motor vehicle crashes are the leading cause of death for children from 2 to 14 years old. Research on the effectiveness of child restraints has found them to reduce fatal injury by 71% for infants and by 54% for toddlers. You may ask, what does this have to do with our profession? How many pediatric therapists have children being transported to their appointments improperly restrained? Consider this...if you have a child with special needs who cannot independently sit unsupported on your mat table, how are they to maintain an upright position in the event of a crash with only a lap shoulder belt as a restraint? As a child passenger safety technician and a physical therapist in the acute care setting, I have seen first hand how often this tragedy occurs. Furthermore, parents of children with special needs are all too often unaware of the dangers of transporting their children improperly restrained. Even when aware of the dangers, many parents have difficulty meeting the monetary requirements necessary for purchasing a special needs car seat.

The Louisiana Passenger Safety Task Force is a non-profit organization whose goal is to ensure all motor vehicle passengers are safely and properly restrained. This organization is offering a free National Certified Child Passenger Safety (CPS) Training Course December 15th – 18th. This course was developed by NHTSA and the National Child Passenger Safety Board. Successful completion renders certified child passenger safety technicians through the SAFE KIDS Worldwide Campaign. Once a certified technician, you are eligible to complete specific training in special needs child passenger safety.

As pediatric therapists we ensure positioning for our children in many different environments. Why not extend this expertise to inside the vehicle? I believe that pediatric physical therapists could play a vital role in increasing the safety of children with special needs during transport. If you are interested in learning more or are interested in training, please contact me at the email listed below.

Ashley Fogle, PT, DPT
Certified Child Passenger Safety Technician
Email: ash0356@cox.net

Publicity Simplicity

Dear Editor,

A letter to the editor can be an effective public relations tool to get your message out to a larger audience. A letter may be sent in response to a story you either agree or disagree with. Editors look for effective letters that appeal to their readers in a direct way. To increase your chances of getting a letter to the editor published, read APTA's [Writing an Effective Letter to the Editor](#) tips on the APTA website.

Just follow the links: [Home](#) → [Areas of Interest](#) → [Tools & Resources](#) → [Public Relations](#)



Louisiana PT Program Accepts Challenge to Raise Funds for Research

By: Natalie Fuerst, SPT

A total of 61 schools participated in the 2009-2010 Miami-Marquette Challenge to raise a record-setting \$262,715 in support of the Foundation for Physical Therapy. The Foundation would like to extend its special thanks to Louisiana State University Health Science Center in Shreveport for their significant contributions to the 2010 Challenge and for their strong support of the Foundation. Since the Challenge began in 1989, students have raised a grand total of \$1,810,930.

The annual Marquette Challenge is a grassroots fundraising effort coordinated and carried out by physical therapist and physical therapist assistant students across the country to support the Foundation for Physical Therapy's mission of providing funding opportunities to outstanding physical therapist researchers. In the latest funding cycle, the Challenge funded a Promotion of Doctoral Studies (PODS) I Scholarship to Meryl Alappattu, PT, DPT, of the University of Florida. Challenge dollars also partially funded a two-year grant to Scott Stackhouse, PT, PhD, of Arcadia University, for his research project, "Combination of High-Intensity Strength and Locomotor Training to Improve Walking Activity in Ambulatory Adolescents with Cerebral Palsy." Proceeds from the Challenge also helped to fund the \$300,000 Clagett Family Research Grant, awarded to Laurie King, PT, PhD, of Oregon Health Sciences University, for her project "Effectiveness of Physical Therapy in Chronic Neurologic Disease; The Role of Co-morbidities and Delivery of Physical Therapy Services."

The first place winner of the Miami-Marquette Challenge was the University of Pittsburgh, who raised \$40,000. Sacred Heart University won second place, raising \$30,265, and SUNY Upstate Medical University won third place, raising \$18,274.

Faculty of all PT and PTA programs in Louisiana are encouraged to speak to their students about the importance of supporting the Foundation for Physical Therapy and physical therapy research. Students nationwide hope to raise \$200,000 in the 2010-2011 Pittsburgh-Marquette Challenge and reach the \$2 million mark in total funds raised since 1989! To learn how you can support the Challenge, visit the Foundation's Web site at www.FoundationforPhysicalTherapy.org.

The Foundation for Physical Therapy was established in 1979 as a national, independent nonprofit organization dedicated to improving the quality and delivery of physical therapy care by providing support for scientifically-based and clinically-relevant physical therapy research and doctoral scholarships and fellowships.

For more information, e-mail foundation@apta.org or call 800/875-1378.

Congrats to our President, Greg LeBlanc, for being named one of Baton Rouge Business Reports' 40 under 40. Well done, Greg!

Article from the Baton Rouge Business Report:

<http://www.businessreport.com/news/2010/nov/16/2010-forty-under-40-gnit1/>

What did you want to be when you grew up?

"I always liked math and science, so something in the medical field. I had this great human anatomy pop-up book that showed the heart beating and lungs working."

When Greg LeBlanc was a student at Broadmoor High School, he enrolled in an experimental elective in sports medicine. The class was the perfect intersection, he says, between two of his interests: athletics and academics.

LeBlanc played baseball and excelled in science and math, and his early introduction to physical therapy planted the seed for what has become a highly successful career. Today, LeBlanc is one of the state's top physical therapists, having earned several awards and commendations for his accomplishments and commitment to advancing the profession.

LeBlanc says physical therapy is more than just guiding a patient's recovery from injuries or surgery.

"If we movement professionals can help people maintain high quality of life, then we're really making an important contribution to society," he says. "No matter what a person's interests are, if it's gardening, sports or carrying around children, we want to see them get back to it."

After graduating with honors from LSU in 1997, LeBlanc completed the physical therapy program and a subsequent master's program from LSU Health Sciences Center in Shreveport. Two years later, he was nominated as the American Physical Therapy Association Outstanding Student of the Year, finishing in the top 10 nationwide.

Early in his career, he joined Baton Rouge Physical Therapy and was promoted to clinical director of its Brittany Drive clinic in 2003. The same year, he became a certified clinical specialist in orthopedics.

LeBlanc's colleagues say he craves additional knowledge, demonstrated through several additional professional certifications and more than 50 advanced courses over his 10 years of practice. Five years ago, LeBlanc earned a doctorate of physical therapy, the highest academic credential in his field. In 2007, he received the Dave Warner Distinguished Service Award, the highest award given by the Louisiana Physical Therapy Association.

LeBlanc is the current president of the Louisiana State Physical Therapy Association, and he has been active in advancing the profession and improving communication between members and lawmakers.

"Being involved in a professional organization," he says, "no matter what your chosen field is, is a great way to ensure you remain well-rounded and a well-developed asset to the profession."



Shreveport District Report

The Shreveport District has been very busy this fall. On September 13th at Christus Schumpert Sutton's Childrens' Hospital Community Room, Norman Taylor spoke at a district meeting. Norman sustained a c-spine injury two years ago in football practice, and he inspired those present talking about how he has coped and accepted his disability and turned it into focusing on his abilities! He talked about how his therapists at Schumpert have helped him in his continuing recovery. There was hardly a dry eye in the house. I want to thank Sharon Dunn for presiding over the meeting at the last minute for me as my mother was gravely ill that evening.

On October 9th, 2010, the Shreveport District held our seventh annual Hustle for Your Health fun run, raising community awareness of physical therapy, and encouraging fitness among the general population. On that beautiful Saturday morning, there were 100 runners, and all proceeds raised go to AMBUCS, an organization that makes therapy tricycles for disabled children and adults and provides scholarships to PT and OT students.

The Shreveport District would like to thank the sponsors and helpers for this run, because without them it would not be possible. Of course, Spotspectrum helps us organize and run the race. And PT students got up early and helped us out the day of the race. There was one Gold sponsor, Therapy Management Corporation. Silver sponsors include Snell's Orthotics and Prosthetics, Melanie Massey Physical Therapy, and The Edge Physical Therapy. And at the Bronze level, we thank Gentiva Health Services, Ark-La-Tex Home Health, and TriState Physical Therapy.

Respectfully submitted by Beth Ward, PT, DPT



Hustle Student Workers:
Marla Johnson, Daniel Herring,
Lindsay Price, Blakelee Soileau,
Kelly Daniels



Chris Fultz, Daniel Miers, Daniel
Flowers



Jennifer Perfetto, Leila Hutson



Mark Wise is the Big Dawgg!



Hannah Lowe, 3rd from left

LPTA Spotlight: Jane M. Eason, PhD, PT



If I had to choose one word to describe this month's LPTA Spotlight individual, I would have to choose the word *dedicated*. Jane M. Eason, PhD, PT has been a member of the faculty of the Physical Therapy Department of LSUHSC-NO SAHP from since 1998. She's been a part of the many changes and challenges the program has seen, and is now at the helm of the program serving as Interim Department Head.

Jane has a long history with LSUHSC-NO, dating back to when she received her B.S. in Physical Therapy in 1979. Upon graduation she remained in New Orleans and became a member of the staff at Charity Hospital as a staff physical therapist and as Assistant Director of the Outpatient Physical Therapy Department. After a couple of years Jane left Louisiana for what seems to have been a tour of a few of the Atlantic Coast states, but not before she received her M.S. in Community Health and Cardiac Rehabilitation from Louisiana State University (LSU).

First stop in her travels was Columbia, South Carolina where she worked in a cardiac rehabilitation program, and then she traveled north to Baltimore, Maryland where she served as a supervisor at the Maryland Institute of Emergency Medical Service Systems. She would later change jobs while in the Baltimore area, opting for a position as an independent contractor to various medical facilities in the Baltimore and Washington, D.C. areas.

Then she journeyed back to Louisiana for a position as graduate assistant in the Department of Kinesiology at LSU. After about year another SEC university would be her next stop, as she next became a graduate assistant at University of Florida (UF). Her responsibilities included teaching undergraduate anatomy and physiology labs, as well as lecturing for both the undergraduate and graduate physiology classes.

While in the Gainesville area she also worked as a physical therapist by providing physical therapy services to developmentally challenged adults. Oh, yes! And there's also the other accomplishment Jane achieved while in at UF, that being her Ph.D. in Exercise Physiology! In 1996 she traveled to Emory University where she became a post-doctoral research associate in the Department of Cell Biology.

Jane has an extensive list of publications to her credits, and has served as both Associate Editor and Editor-In-Chief for *Cardiopulmonary Physical Therapy Journal*. She also has served and continues to serve on numerous committees at LSUHSC-NO. Additionally, Jane is a member of several professional organizations, such as the American Physiological Association, the American College of Sports Medicine, and our own LPTA/APTA.

During her down time, Jane and her husband, Neil Delude, enjoy taking their nephews to the Saints and Hornets games, as well as attending their nephews' own organized sports games. Among Jane's other hobbies are traveling, reading, running and hanging out with friends.

Although she contends that she's "pretty boring" I would have to disagree. She certainly has a lot going on, and I feel it's safe to say that the LSUHSC-NO staff are very fortunate to have her share her expertise and knowledge. Thank you, Jane, for your loyalty and dedication to LSUHSC-NO SAHP, and to the LPTA and APTA. We are grateful for your contributions to our profession!



It's Our Time To Shine!

In February, 2011 CSM returns to our great state and the fabulous Big Easy! The APTA website has all of the information you will need to register and plan for getting the most out of this awesome event!

You can even make your hotel reservations on the website!

And we are proud to announce that LPTA's own Suzanne L. Tinsley, PhD, PT, NCS will be presenting a preconference course benefitting the LPTA entitled, *Pharmacology for Rehabilitation Specialists*. We encourage all to support the LPTA by attending this course which will be offered on Tuesday, February 8 and again on Wednesday, February 9. Spread the word!



Katrina hit New Orleans hard, but it's back! And better than ever! It's our time to shine! Let's show our colleagues from around the country just what it means to "pass a good time"!

Laissez les bon temps rouler!

Take the APTA Facility Challenge

Achieve 100% APTA membership among your facility's physical therapists and physical therapist assistants...and gain recognition for your facility among your peers and in your community.

Are you and your colleagues up to the challenge? Act now—visit www.apta.org for more details!



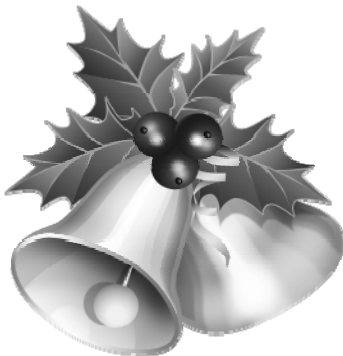


Season's Greetings!

Dear Members,

Best wishes to you and your family for a happy and healthy holiday season. We value and appreciate your participation in the LPTA community and look forward to your continued membership in the years ahead. Your membership is a clear sign of your drive to personally and professionally succeed as well as to contribute to advancing the physical therapy profession. Thank you!

Joyeux Noel





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