



Spring Meeting Registration 2010

Louisiana Physical Therapy Association

March 19-21, 2010

DiamondJacks Casino & Resort
Bossier City, Louisiana

TENTATIVE SCHEDULE OF EVENTS

FRIDAY, MARCH 19, 2010

1:00pm—4:00pm	LPTA Board of Directors' Meeting
1:00pm	REGISTRATION OPENS
1:00pm—6:00pm	Exhibit Setup
4:00pm—5:00pm	Committee Meetings
	Clinical Instructors' Meeting
6:00pm—7:00pm	LPTA Business Meeting with Open Forum
7:00pm	EXHIBITS OPEN
7:00pm—8:30pm	WELCOME RECEPTION with Exhibitors

SATURDAY, MARCH 20, 2010

7:00am—7:45am	Registration
	EXHIBITS OPEN
	Continental Breakfast in Exhibit Hall
7:45am—9:15am	Update on the Foot and Ankle
9:15am—10:45am	Exhibit Break
10:45am—11:45am	Update on the Foot and Ankle
11:45am—1:15pm	LPTA Business Meeting with Lunch
1:15pm—3:45pm	Update on the Foot and Ankle
3:45pm—4:00pm	Break
4:00pm—6:00pm	Update on the Foot and Ankle
6:00pm	PTA Meeting

Total Number of Hours on Saturday: 7 hours

SUNDAY, MARCH 21, 2010

7:45am—9:45am	Update on the Foot and Ankle, with Continental Breakfast in room
9:45am—10:00am	Break
10:00am—1:00pm	Update on the Foot and Ankle

Total Number of Hours on Sunday: 5 hours

Louisiana Physical Therapy Association Spring Meeting

Name: _____

Spouse/Guest's Badge Name (if applicable): _____

Company: _____

Business Address: _____

Street

City

State

Zip

Business Phone: (_____) _____

Email Address: _____

Home Address: _____

Street

City

State

Zip

Home Phone: (_____) _____

Licensure: **PT** **PTA** **PT Student** **PTA Student**

Membership: **APTA/LPTA Member** **Non-member**

Where would you like your confirmation mailed: _____ **Business** _____ **Home**

REGISTRATION FEES: Early Bird Regular

Postmark by March 3

After March 3

PT Member \$315 \$340

PT Non-Member \$440 \$465

APTA Life Member \$75 \$85

PT Assistant Member \$315 \$340

PT Assistant Non-member \$440 \$465

Student Member \$75 \$85

Student Non-member \$105 \$115

Spouse/Guest* \$40 \$45

* includes social events and exhibits

Luncheon Ticket Only (for non-registrants) \$25 \$25

Saturday Only (PT and PTA members) \$200 \$210

Exhibits Only Pass-Member \$20 \$20

Exhibits Only Pass-Nonmember \$45 \$45

Total Amount Enclosed: \$ _____

**\$10 will be added for on-site registrations.

Credit Card: (Circle one) American Express Discover MasterCard Visa

Card Number: _____

Expiration Date: _____

Cardholder's Name (Please print): _____

Signature: _____

Credit card registrations may be faxed in or mail registration form with check payable to LPTA to:

Louisiana Physical Therapy Association

8550 United Plaza Blvd., Suite 1001, Baton Rouge, LA 70809

Phone: 225-922-4614 Fax: 225-408-4422

Email: office@lpta.org



Check here if you have a disability and may require an accommodation. You will be contacted to discuss your special needs.

UPDATE ON THE FOOT AND ANKLE: BIOMECHANICS, EVALUATION AND TREATMENT

COURSE DESCRIPTION:

This course will explore the most recent concepts and evidence on foot and ankle mechanics, physical examination, and the use of foot orthoses and strapping as a direct intervention that focuses on the best and most current evidence. The latest research evidence on functioning of the foot and ankle during dynamic movement will be presented. In addition, the application of the previously published tissue stress model for physical examination and treatment of common foot and ankle disorders will be discussed. Because the options available for a physical therapist to choose from regarding the type of foot orthotic intervention to use is immense and more than a little overwhelming, the two major theories regarding foot orthotic fabrication (“balanced” vs. “total contact”) currently being employed by clinicians will be presented. In addition to discussing their respective strengths and weaknesses, a review of the current research literature regarding the rationale for their design and fabrication will be discussed. Finally, the published literature regarding the effectiveness of foot orthoses will be explored to help guide the physical therapist in the best application of foot orthotic devices when managing their patient with a musculoskeletal condition.

COURSE OBJECTIVES:

Upon completion of this course, the physical therapist will be able to:

1. Describe the joint mechanics required in the foot and ankle during walking.
2. Describe the typical pattern of rearfoot and midfoot motion during walking.
3. Discuss the factors in the foot, ankle, and lower extremity responsible for causing or contributing to abnormal mechanical function of the foot.
4. Describe the essential elements of a physical therapy evaluation of the foot and ankle to determine the likely cause and most appropriate treatment options using the principles of evidence based practice.
5. List and describe the functions of a foot orthoses.
6. State and describe the two predominant theories used to design and fabricate foot orthoses for overuse musculoskeletal conditions.
7. Discuss the evidence that supports the use of foot orthoses in the treatment of overuse musculoskeletal conditions.
8. Describe the use of adhesive strapping as a “treatment direction test” to determine if foot orthoses are indicated.

COURSE INSTRUCTOR:

Mark W. Cornwall, PT, PhD, CPed

Dr. Cornwall received his bachelor degree in Physical Therapy from the University of Maryland in 1977. After practicing as a physical therapist for several years, he returned to school and received a Master of Science degree in Biomechanics from the University of North Carolina in 1981 and then a PhD in Biomechanics from Indiana University in 1986. His research activities have focused primarily on the foot with particular emphasis on the kinematics of the normal foot during walking. Dr. Cornwall has published over 85 research articles or book chapters dealing with the function, evaluation, or treatment of the foot and ankle. In addition, he has presented his research throughout the United States, Canada, The Netherlands, Germany, Australia, and Great Britain. He is currently a Professor and Chair of the Physical Therapy Program at Northern Arizona University where he also teaches anatomy, patient evaluation, and lower extremity prosthetics, and orthotics.

Accommodations

DiamondJacks Casino & Resort

711 DiamondJacks Blvd.
Bossier City, LA 71111
(866) 552-9629

Rates:

\$79.00 per night
THURSDAY ONLY (Single/Double)

\$109.00 per night
FRIDAY & SATURDAY (Single/Double)

Registrants must make their own room reservations. Please identify yourself with the "Louisiana Physical Therapy Association" to receive the group rate. Please reserve your rooms early. Although the hotel guarantees the availability of our room block, at the above rates, this is only for reservations made on or before February 25, 2010, please call them for availability regardless of when arrangements are made.

GENERAL INFORMATION

CONTINENTAL BREAKFASTS

Continental breakfast will be served on Saturday and Sunday morning.
Saturday morning breakfast will be in the Exhibit Hall, Sunday morning the breakfast will be in the meeting room.

COMMITTEE MEETINGS

Committee Meetings are scheduled on Friday, from 4:00pm—5:00pm.

CLINICAL INSTRUCTORS' MEETING

Clinical Instructor's meeting is scheduled on Friday from 4:00pm—5:00pm.

PTA MEETING

The PTA meeting is scheduled on Saturday at 6:00pm.

BUSINESS MEETING AND LUNCH

The Business Meeting and Luncheon will be held on Saturday from 11:45am—1:15pm. The purpose of this meeting is to inform you of the accomplishments LPTA has made over the past year and the direction of LPTA.

Contact Hours

Update on the Foot and Ankle:
Biomechanics, Evaluation and Treatment

12.00 hours

LSBPTE Approved Provider

Eligibility

Physical Therapists, Physical Therapist Assistants, PT Students and PTA Students

Registration

Register early to receive the lower early bird registration rate. Enclose all registration fees with your form. Cancellations may be made through March 3, 2010 without penalty. After March 3, 2010 a \$50.00 cancellation fee will apply up to 48 hours prior to the Meeting, after which all fees are forfeit.

Exhibit Hall only passes do not include drink tickets for the Welcome Reception or a luncheon ticket. Drink tickets can be purchased at the registration desk. Provisions will be made for unregistered members to attend the business meeting, although lunch on Saturday will be served only to registrants and to those who purchase a luncheon ticket.



8550 United Plaza Boulevard, Ste. 1001

Baton Rouge, LA 70809